# SacramentoCity Unified School District

# Sacramentcity Unified School District Board of Education Meeting

Breathe4Release, can contribute to the development of critical skills in children. The implementation of Brathe4Release at your Schools can be helpful to students as well as educators who may be struggling with issues such as anxiety, stress, inattention, in conflict, anger, low selfesteem, etc., contributing to a positive and beneficial learning environment for both teacher and student.

I would love an opportunity to discuss this proposal with you.

Thank you for your consideration, and I look forward to the possibility of contributing the well-being of your students.

Sincerely,

Janina Loncar

Owner| Manager

www.trustyouga.com

## Sacrament City Unified School District Board of Education Meeting

February 1, 2024

#### Written Public Comments

Name:	Samuel Hartsellenkins
School:	TheMet
Agenda Item #	7.0

Comment: A CBS News article from December 20th, 2023 states that the SCUSD board of educis considering discontinuing the mustichool CIF agreement. I am a student at the Met Sacramento and a Varsity Volleyball player MocClatchy. The fact that 7,700\$ and competition against worse teams are the main concerns that we it is irrefutably mor harmful than anything else. It decreases the enrollment of students in charter school which are already underfunded and can't hater innural sports because we don't have money for equipment. I spent a year playing sports at the Met Sacramento High Scl before I became too good to enjoy the lewel volleyball that occurs amont@@gv4t(p)4r\$ja0.00

# Sacramento City Unified School District Board of Education Meeting

## **February 1, 2024**

### **Written Public Comments**

Name:	Samuel Greenlee
School:	N/A
Agenda Item #	7.0

Comment: Good Afternoon,

I am currently attending a conference that has highlighted forthcoming funding