

SACRAMENTO CITY UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

Agenda Item 6.0

Meeting Date: May 2, 2019

<u>Subject</u>: In Recognition of Resolution No. 3081: National Children's Mental Health Awareness Day, May 9, 2019

- Information Item Only
- Approval on Consent Agenda
- Conference (for discussion only)
 - Conference/First Reading (Action Anticipated: _____)
- Conference/Action
- Action
 - Public Hearing

Division: Student Support and Health Services

<u>Recommendation</u>: Approve Resolution No. 3081: Recognition of National Children's Mental Health Awareness Day, May 9, 2019.

Background/Rationale: National Children's Mental Health Awareness Day, May 9, 2019 is a time to highlight the importance of positive mental health for our students. The Sacramento City Unified School District is proud of the many supports and services available within our district that address and promote the social-emotional needs and skills of our students.

Financial Considerations: None

LCAP Goal(s): Safe, Emotionally Healthy and Engaged Students; Family and Community Empowerment

Documents Attached:

1. Resolution No. 3081

Estimated Time: N/A

Submitted by: Victoria Flores, Director, Student Support and Health Services

Approved by: Jorge A. Aguilar, Superintendent

SACRAMENTO CITY UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

RESOLUTION NO. 3081

"Recognition of Children's Mental Health Awareness Day, May 9, 2019"

WHEREAS, May 9, 2019 has been designated as Children's Mental Health Awareness Day dedicated to raising awareness of the youth and their families who experience emotional, behavioral and mental health challenges; and

WHEREAS, children and youth with mental, emotional and behavioral health needs and their families can achieve a better quality of life with the right resources, treatments and community support within a system of care; and

WHEREAS, we recognize that mental health issues, when untreated, can lead to school failure, family conflicts, drug abuse, violence, and even suicide; and

ne referrals, and improving academic achievement.

hat the Sacramento City Unified School District ental Health Awareness Day in honor of the enges along with their caregivers and families.

nto City Unified School District is commended ress the social and emotional needs of our nd to provide support and resources for children es.

nified School District Board of Education on

Jessie Ryan President of the Board of Education