



### Send me to school if...

- I have a runny nose, sneezing, cough, but no other symptoms.
- I haven't taken any fever-reducing medicine for 24 hours, and I haven't had a fever during that time.
- I haven't thrown up or had any diarrhea for 48 hours.

**“If a person is showing symptoms of fever or shortness of breath, they are advised to stay home until symptoms, whichever is longer” [Current COVID-19 Requirements]**



### Keep me at home if...

- I have a temperature higher than 100 degrees even after taking medicine.
- I'm throwing up or have diarrhea.
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**to call my school immediately to report my absence!**



### Call the doctor if...

- I have a temperature higher than 100 degrees for more than two days.
- I've been throwing up or have diarrhea for more than two days.
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- I'm not getting any better.
- I still have asthma symptoms after using my asthma medicine (call 911 if I'm having trouble breathing after using inhaler).

**Be sure to get a note from the doctor and bring it to my school!**

